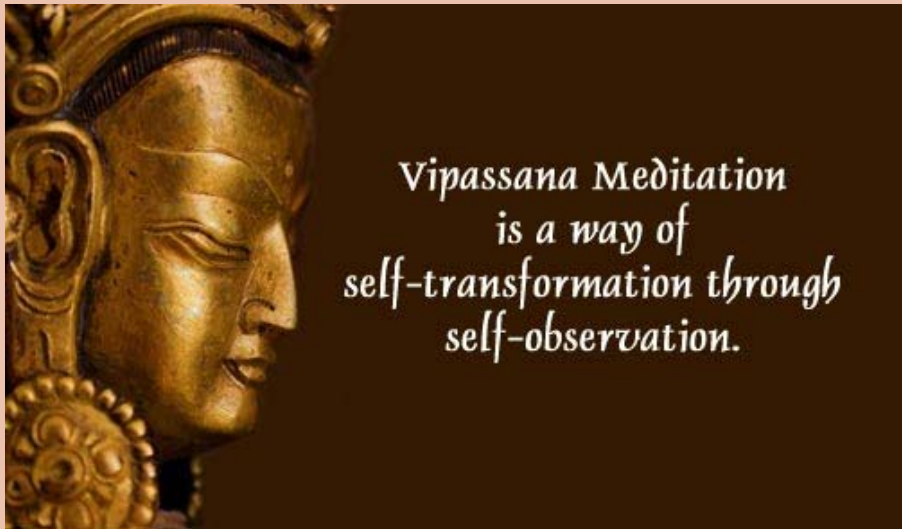


'Insight' Meditation-Northwest Phoenix

Genevieve Tregor, Founder of Insight Meditation Scottsdale will honor us once a month along with Yvonne Bentley who will Facilitate a class, weekly here at Unity Church.

When: Saturday's from 2:00—3:00 p.m.

Where: Unity of Surprise—Myrtle Fillmore Room



Each Saturday, from 2:00 p.m. to 3:00 p.m., a Buddhist meditation group known as a **Buddhist Sangha** has begun.

Each session begins with a reading, followed by a sitting meditation and sharing.

Everyone is welcome. Bring a friend.

