



# **Buddhism Classes Continue on Wednesday**

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**Unity of Surprise will continue to host  
Buddhism classes in our Sanctuary  
beginning February 7 at 10:30 a.m. to  
Noon with Kelsang Tabkay**

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## **SCHEDULE:**

- Feb. 7—Living Beings have no faults
  - Feb. 14—The Virtues of Humility
  - Feb. 21—The Demon of Selfishness
  - Feb. 28—Developing Spiritual Confidence
  
  - Mar. 7—Becoming Selfless
  - Mar. 14—Limitless Compassion
  - Mar. 21—Choose Love
  - March 28.—Meditations for Healing Part 1
  
  - April 4—Meditations for Healing Part 2
  - April 11—Becoming a Friend of the World
- A Love Offering will be accepted at each class time.*



Kelsang Tabkay, Resident Teacher  
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